

USAGE

In order to experience the more dramatic results possible with Renewal®, it is important to take the product consistently, as recommended, for the first 3 to 4 months.

It is recommended to take two (2) sprays of Renewal® under the tongue three (3) times a day. Do this five days in a row then take two days off, or, take it six times a week and take one day off. Hold the liquid under the tongue for at least 15 seconds, then swallow.

With the exception of drinking water, Renewal® should be taken at least 10-15 minutes before or after eating, drinking juice, brushing teeth, etc. to achieve maximum absorption.

The best time to take Renewal® is first thing in the morning, again in the afternoon, and the third dosage just before bed at night. Many people prefer their afternoon dose around 4:00 p.m. when they usually get their "dip" in energy, or if exercising then just prior to workout.

After taking any Renewal® product for 3 or 4 months it is a good idea to then abstain for a week to ten days. This allows the GH receptor sites in the body to rest and for the body to "air out."

RESULTS

The average time for noticeable results is two to three weeks. This can vary from person to person. Some have reported benefits within a few days while for others it has been a month or two depending on their age and body condition.

Once the benefits begin, at times you may experience a plateau. The body can seem to go into "neutral" and some of the results will appear to diminish or even vanish. This is the body using growth hormone to rebuild tissue, and to a degree "resting."

According to studies, the benefits will resume, even with vast improvements. This plateau effect may occur during the second or third month and can last as long as two or three weeks. It is important to continue taking the product. The more dramatic benefits usually occur after the third month.

Pat Gulley, Toccoa, GA

**Two sprays,
three times
a day, five
days a
week**

"HGH is the ultimate anti-aging therapy."

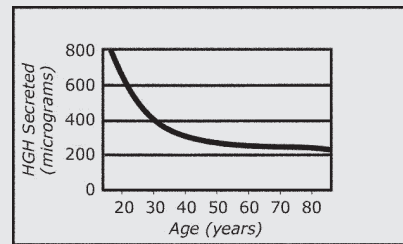
Dr. Ronald Klatz
President, American Academy of Anti-Aging Medicine
(In this quote Dr. Klatz is referring to the injectable form.)

"When growth hormone is combined with homeopathic preparation, the results are truly on the leading edge of anti-aging."

Dr. H. C. Davis
From "Feeling Younger with Homeopathic HGH."

HGH DEPLETION IN THE BODY

Our growth hormone levels fall more than 75% between the ages of 20 and 70. By the time we are 40 almost everyone is deficient in HGH.



Depletion Over Age

These diminishing amounts have been directly linked to the aging process, to the extent that medical science now recognizes HGH deficiency as a clinical syndrome. The results of this deficiency are defined as low energy and vitality, increased body fat, decreased muscle mass, exercise capacity and sexual function, problems with sleep and memory, thin and graying hair, wrinkled skin, weaker bones, anxiety and diminished feelings of well-being.

One of the easiest ways to counteract this is to supplement the body with HGH. Renewal® offers an incredibly safe, efficient and affordable way of doing this.

"Inner knowing is our empowerment."

Anonymous

ALWAYS YOUNG

A Socially Responsible, Values Based Company

Always Young was founded in 1998 to enhance our health, longevity and consciousness. There is no reason to age as we have in the past. Rejuvenation is becoming the new lifestyle, offering enhanced focus, strength, productivity and mental acuity. Renewal® was designed specifically for this purpose.

Our products are for all adults. Whether you are in your 40's or 50's looking for more energy, balanced sleep and stamina, a Senior wishing to be more productive, or in your 20's or 30's focusing on strength, toning and performance, there is a Renewal® formula for your specific needs.

Our products are highly effective, safe, fully hand-succussed, FDA Registered and manufactured in an FDA Certified Lab in the United States. Only the purest and most potent ingredients are used, sourced from around the globe.

Quality of product, relationship, and life are primary for Always Young and will always take precedence over the bottom line. As a company we are environmentally responsible, and concerned about people, community, and the state of the Earth.

Available through:

Heart: is the foundation of our power. It is the way humans are designed. When we allow the intensity of its glow to be muted, we rapidly decline. Maintaining, supporting, and expanding our heart-center is primary to being 'always young'.

Imagination: vivid use of it is a wondrous aspect of being human -- and not to be explored only by children. Embracing and loving it is another way we remain young.

Intelligence: exists within all that is. Maintaining and expanding it within ourselves, and expressing our curiosity, is also another way that we remain young.

Mark Hathaway, Arcadia, IN

Ver. 1015

G R O W T H H O R M O N E

RENEWAL[®] HGH

Energy
Stamina
Rejuvenation

from
Always Young



Safe
Effective
Oral Spray
Homeopathic
FDA Registered

"Strength, endurance and clarity of thought have been amazing. This is the best product I have ever used."

Dr. J. Cates, MD from Allons, TN

BENEFITS

Clinical studies using injectable GHG have shown that it can:

Over 28,000 clinical studies worldwide

Increase Energy / Vitality - This is usually one of the first benefits experienced. GHG can speed up the metabolism in the cells, boost vitality and promote a more youthful energy.

Reduce Fat / Cellulite - Fat loss can be accelerated significantly and cellulite diminished while lean body mass increases.

Build Muscle - GHG stimulates muscle growth by increasing the actual number of muscle cells. It also affects the size of these cells by enhancing overall protein synthesis.

Rejuvenate Skin - The key proteins in the skin - collagen and elastin - are strengthened. The skin can become thicker, wrinkles can diminish, and an overall "glow" can occur.

Improve Memory / Cognition - GHG can stimulate the repair and rejuvenation of brain cells. Learning, memory and intelligence all depend on adequate supplies of growth hormone.

Elevate Mood - Through the raising of B-endorphin levels - the brain's own opiate - and lowering dopamine which causes agitation, GHG can reduce stress, improve concentration and focus, and help to build self-confidence.

Enhance Sexual Desire / Hormone Balance - GHG can revive sexual life in men. Many women also report increased libido and heightened pleasure, as well as the alleviation of menstrual and post menopausal symptoms.

Regulate Sleep - GHG can be a great help in balancing sleep. Not only can you feel more rested in the morning, but many report for the first time in years they are able to sleep through the night.

WHAT IS GHG?

The master hormone, produced by the pituitary gland in the brain. In the 1950's scientists found that children needed ample amounts of it in order to grow properly, thus the name Human Growth Hormone. Near the age of 21 our bodies begin to produce less of it. By the time we are 40 nearly everyone is deficient in growth hormone and at age eighty our production has usually diminished at least 90-95%.

And MUCH More. It can also strengthen bones, thicken hair, re-color the gray, improve vision, digestion and oxygen uptake, reverse shrinking of major organs, quicken healing of wounds and even more.

PRODUCTS

All Renewal® products are produced in an FDA certified laboratory and are made with true recombinant GHG (191 amino acid chain).

RENEWAL GHG ADVANCED

Designed to accelerate the innate capabilities of GHG by blending it with a totally unique combination of eight other nutrients. The **Advanced Formula** delivers a potency far greater than the sum of its elements, promoting faster, deeper and longer lasting results.

The GHG is formulated as a dual-potency (9x/30x), and like the Original Formula, is designed to maximize the benefits of growth hormone.

Ingredients: GHG 9x/30x, RNA 9x, Ornithine 9x, MSM 9x, Colostrum 30c, Albumin 3c, Protease 9x, Silica 9x, Zinc Sulphate 3c.

RENEWAL GHG WORKOUT FOR MEN

The ultimate workout formula for serious fitness, body-building and athletics. **Workout for Men** is designed to boost performance, strength, energy, muscle mass, tone, stamina and mental focus. Increases your ability to achieve peak performance while reducing healing and recovery time.

A powerful blend of GHG, IGF-1, Growth Factors and 28 other ingredients designed to increase the uptake of oxygen, the production of ATP and improve protein synthesis.

Ingredients: GHG 9x/12c/30x, IGF-1 9x/30x, Growth Factors 9x/9c, Testosterone 30c/100x/1M. Other homeopathic ingredients: Amino Acid Complex, Creatine Monohydrate, Trans-Ferulic Acid, OKG, NADH, DHEA, Hyaluronic Acid, Pituitarium, Pregnenolone, Germanium, Ribose, Trypsin, Protease, Vitamin E, B Complex, Boron, Chromium, Zinc Sulfate, Co-Enzyme A, Vanadium, Trace Minerals, L-Arginine Pyroglutamate,

RENEWAL GHG POWER FOR WOMEN

Safe and dynamic blend of GHG and twenty-one other ingredients to help maximize energy at the cellular level, increase the metabolizing of fat, assist with the secretion and balance of primary hormones, and support cognition, focus and concentration.

This formula is ideal for adult women of all ages, whether constantly on the go, having a career or kids, or living in the gym. It assists with stamina, fat-burning and focus as well as the overall energy and feeling of balance to help women through a long day or workout.

Ingredients: GHG 16x/24x/30, 7-Keto DHEA 18x/30x, ADP 30x, Adrenal 24x, Pituitary Anterior 24x, NADH 18x, 5-HTP 18x/22x. Other homeopathic ingredients: Acetyl-L-Carnitine, L-Leucine, L-Isoleucine, L-Phenylalanine, L-Taurine, L-Tyrosine, Chondroitin Sulfate, D-Glucosamine HCL, Rosemary Oil, Wild Yam Extract, Citrus Aurantium, CLA, CoQ10, Ginger Extract, MSM

HOMEOPATHY

MORE PRODUCTS...

Science has proven that at its very foundation, the universe is a vast expanse of pure energy. From this energy emerge extremely small particles. These combine to form larger particles - protons, neutrons and electrons - each of which possesses different energetic qualities. And these particles then uniquely combine to form the various types of atoms.

RENEWAL GHG STAMINA FORMULA

A powerful blend of GHG and fourteen other ingredients. This formula is designed to safely and naturally support a consistent, steady and on-going stamina throughout the day and evening, as it helps to provide greater strength in the body, a perpetually heightened mood, sharper mental functions, clearer memory, and a more restful and balanced sleep.

Ingredients: GHG 12x/22x/30x, Alpha GPC 18x/30x, ADP 24x, RNA 18x, SAM-e 18x, NADH 22x, L-Leucine 22x, L-Isoleucine 22x, L-Valine 22x, Citrus Aurantium 16x, Protease 9x, CoQ10 22x, Zinc Sulfate 16x, EPA 24x, Wild Yam Extract 24x

RENEWAL IGF-1 FORMULA

Combining IGF-1 with Testosterone, ADP, and 5-HTP, this highly charged formula is designed to take advantage of IGF-1's ability to build and maintain lean muscle mass, reduce fat, and strengthen bones and the central nervous system. Excellent for body builders and fitness enthusiasts, and those with special concerns about weak bones and issues relating to the nerves.

Ingredients: IGF-1 12x/22x, Testosterone 16x/30x, ADP (Adenosine Diphosphate) 18x/28x, 5-HTP (5-Hydroxy Tryptophan) 24x

WHAT IS IGF-1?

An acronym for Insulin-like Growth Factor One (somatomedin C). When GHG is secreted by the pituitary gland, most of it goes to the liver. The liver then uses the GHG to produce a number of growth factors, including IGF-1. Each has various responsibilities for maintaining a strong and healthy body. IGF-1 works primarily to build and maintain lean muscle mass, rid the body of excess fat, and strengthen bones and the central nervous system.

"Change yourself, you change the world. Empower yourself, you bring a gift to the world." Anon

types of molecules. Thus, all molecules also possess a clearly defined energetic signature, as do the minerals, plants, biological forms, etc. that are comprised of these molecules. Homeopathy is designed to access and capture these energetic signatures, and to allow our body to easily utilize them.

When taking a supplement or a drug, a complex process is needed to access the potential benefits. The body must break down each ingredient to its molecular level. It must then absorb the molecular components, transfer them to the appropriate cells, and then process them within the cells.

With a homeopathic product, none of this is necessary. Instead, the energetic signatures of the ingredients are immediately absorbed through small membranes under the tongue. This gives the body immediate access to the potential healing, balancing and energizing qualities contained within the ingredients.

EXPECTATIONS *

Month 1: Increased energy, improved stamina, more optimistic attitude, sounder sleep, feeling fresh when waking.

Month 2: Weight loss, improved skin, increased strength, better muscle tone and digestion, enhanced sexual function.

Month 3: Improved mental processes, increased muscle size, reduced P.M.S. symptoms, faster soreness recovery.

Month 4: Same as Month 3 depending on the person.

Month 5: Reduction of the appearance of wrinkles, more weight loss and muscle tone, thickening of hair and skin.

Month 6: Cellulite greatly diminishes, stronger resistance to colds, flu, etc., better emotional stability, grayed hair begins to return to natural color.

"Wow! What a great product! I have been taking Renewal for three months and I look and feel great. I am thirty-six years old and people are always telling me that I look as if I am in my twenties. I have gone from a size 14 to a size 10. The fine lines under my eyes are almost completely gone and my hair and nails are growing like wildfire. Renewal has given me so much energy that I am running three and a half to four miles a day, six days a week. I feel great and my husband said that I am truly the most beautiful woman he has ever seen."

Janine Waterson, Braselton, GA

* From *Feeling Younger with Homeopathic GHG* by Dr. H. A. Davis

(Our special thanks to Dr. Davis for his diligent research and for allowing us to use the above information.)

100% Guarantee